



& the Holy Cross Food Pantry

2014 5k River Run
Saturday, August 9 @ 8:00 a.m.

Start line on Washington at Water, near the lighthouse
In downtown Marine City, MI

Runner Registration Form

Marine City Festival Inc.

P.O. Box 192
Marine City, MI 48039

E-Mail
Info@MaritimeDays.com

Website
www.MaritimeDays.com

Facebook
Facebook.com/
MCMaritimeDays

Summer Festival Date
August 8th thru 10th, 2014

Race co-sponsored by
Marine City Maritime Days
and the
Holy Cross Food Pantry

Join us for our 5k race, winding through downtown Marine City and over the LaBuhn Bridge, to benefit the festival and the Holy Cross Food Pantry. And please remember to bring a non-perishable food item for the canned food drive the day of the race!

There will be fabulous prizes for top finishers in each age category (for men and women), and a short-sleeved tee for the first 100 runners to register. For more details, visit our website at www.maritimedays.com and click on the "Events" link at the top. Shoe tag timing provided by Hansons Running; exact route will be posted on our website and emailed closer to race day.

Please complete this form & mail it, with a check payable to Maritime Days, to:

Maritime Days River Run
P.O. Box 192
Marine City, MI 48039

Registration ends the morning of the race. If you prefer to wait til race day to register, just bring this form and a check with you to the registration table.

5k Race (timed; please, no strollers) .....\$25.00 Male
Female

Age on Race Day: 12 & under 13 to 18 19 to 29 30 to 39 40 to 49
50 to 59 60 to 69 70+

Tee shirt size: (adult) Small Medium Large XL

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email Address: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and all such risks being known and appreciated by me. Having read this waiver and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Marine City Festival, its directors, officers, and staff, the city of Marine City, MI, and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs or any other record of this event for any legitimate purpose. I understand that headsets of any kind, dogs on leashes, in-line skates and bicycles are prohibited and that violation of this prohibition will result in disqualification.

Signature (or Parent Signature, if under 18): \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_